



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH PROGRAMS

## CANSLER FAMILY YMCA

**Free programs for Y Members; no registration required:**

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Child Watch</b> (ages 6wks - 10yrs)	8:45-12pm 5-8pm	8:45-12pm 5-8pm	8:45-12pm 5-8pm	8:45-12pm 5-8pm	8:45-12pm	8:45-12:15pm
<b>Youth Fitness</b> (ages 5-12) Gym	<b>Youth Fitness</b> 6:00-6:50pm	<b>Youth Fitness</b> 6:30-7:20pm		<b>Youth Fitness</b> 6-6:50pm		

**YMCA Paid Programming; inquire at front desk for registration:**

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Homeschool PE</b> (ages 5-12)		10-12:00pm		10-12:00pm		
<b>AM Dance Programs</b> (ages 3-5)				<b>Tumble Bugs</b> 10:00-10:45am		
<b>PM Dance Programs</b> (ages 3-5)		<b>Tumble Bugs (Beginner)</b> 6:15-7:00pm		<b>Tumble Bugs (Advanced)</b> 6:15-7:00pm		
<b>Group Swim Lessons</b> (ages 6mo - 17yrs)	4-6:15pm	4-6:15pm	4-6:15pm	4-6:15pm		8:30-11:20am

**Paid Programming by Community Partners:**

<b>TOT Basketball</b> (ages 3-5)			4:15-4:45pm			
<b>TTJC Martial Arts</b> (all ages)				5:30-7:30pm		
<b>The Knight School</b> (Chess)		4:45-6:00pm				

**To Register for YMCA Programs visit [ymcaknoxville.org/register](http://ymcaknoxville.org/register)**

**To register for community partner-run programs, visit:**

- **TOT Basketball:** [teamssoftomorrow.com](http://teamssoftomorrow.com)
- **TTJC Martial Arts:** 865-777-BEST
- **The Knight School Chess:** [tksknoxville.jumbula.com](http://tksknoxville.jumbula.com)

**CANSLER FAMILY YMCA**  
616 Jessamine St. Knoxville, TN 37917  
P 865 637 9622  
W [www.ymcaknoxville.org](http://www.ymcaknoxville.org)