

# YOUR SWIM. YOUR WAY.

## PILOT FAMILY YMCA POOL SCHEDULES

# APRIL 2026

UPDATED 3.25.2026

## INDOOR POOL

### LAP SWIMMING

<b>MONDAY</b>	5:00am-8:30am 9:30am-8:30pm
<b>TUESDAY</b>	5:00am-8:30pm
<b>WEDNESDAY</b>	5:00am-8:30am 9:30am-8:30pm
<b>THURSDAY</b>	5:00am-8:30pm
<b>FRIDAY</b>	5:00am-8:30am 9:30am-8:30pm
<b>SATURDAY</b>	7:00am-8:00am 12:00pm-5:30pm
<b>SUNDAY</b>	1:00pm-5:30pm

Lap Swim provides designated lanes for continuous swimming. At least one lane is available at all times and may be shared with others using circle swimming. Swimmers may swim solo when space allows or use circle swimming to accommodate multiple swimmers per lane.

### OPEN SWIMMING

<b>MONDAY</b>	9:30am-12:00pm 2:00pm-8:30pm
<b>TUESDAY</b>	8:30am-12:00pm 1:00pm-3:30pm
<b>WEDNESDAY</b>	9:30am-12:00pm 2:00pm-6:00pm
<b>THURSDAY</b>	8:30am-12:00pm 1:00pm-6:00pm
<b>FRIDAY</b>	9:30am-12:00pm 2:00pm-6:00pm
<b>SAT &amp; SUN</b>	1:00pm-5:30pm

Open Swim is a designated time for all ages to enjoy the pool freely, with space for recreational swimming, water play, and family fun.

### PROGRAMS

#### GROUP FIT - WATER FITNESS

Mon, Wed, Fri	8:30am-9:30am
Tues & Thurs	10:00am-10:45am
Tues, Thurs, Fri**	6:00pm-6:45pm

\*\*No Thurs & Fri 6:00PM Class March 12th & 13th

#### AQUA HOUR

Mon, Wed, Fri	1:00pm-2:00pm
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#### YMCA SWIM LESSONS

Mon-Thur	3:30pm-6:00pm
Saturday	8:30am-12:30pm

#### SWIM TEAM PARTNERS

Special Olympics	
Wed	6:30pm-8:00pm

## OUTDOOR POOL

### LAP SWIMMING

\*2 Lap Lanes ONLY Mon-Fri: 4:00pm-6:00pm\*

<b>MONDAY</b>	7:30am-6:00pm
<b>TUESDAY</b>	7:30am-6:00pm
<b>WEDNESDAY</b>	7:30am-6:00pm
<b>THURSDAY</b>	7:30am-6:00pm
<b>FRIDAY</b>	7:30am-6:00pm
<b>SATURDAY</b>	7:00am-5:30pm *2 lanes only* 7am-1pm *5 Lanes Only* 1pm-5:30pm
<b>SUNDAY</b>	1:00pm-5:30pm *1 lane only 1pm-2:30pm* *5 lanes only 2pm-5:30pm*

#### EASTER WEEKEND

Regular Hours : Good Friday and Saturday

CLOSED: Easter Sunday

### OPEN SWIMMING

<b>SAT</b>	1:00pm-5:30pm
<b>SUN</b>	1:00pm-5:30pm

\*\*5 Lanes available plus the ramp\*\*

\*At times, availability may be limited as we maintain a safe 25:1 swimmer-to-lifeguard ratio.\*

**KIDDIE POOL** Closed until May

### OUTDOOR POOL SPRING WEATHER POLICY

As we enjoy the outdoor pool this spring, the safety of our members and staff is always our top priority. Weather conditions may occasionally require temporary pool closures. Please see the guidelines below:

#### Lightning

If lightning is detected within 10 miles, the pool will close and will remain closed for 30 minutes after the last detected strike.

#### Rain & Visibility

For safety, the pool will close if heavy rain limits visibility to the bottom of the pool. The pool will reopen once visibility is restored.

#### Severe Weather

The pool will close during any hail storm, tornado watch or warning.

We appreciate your understanding and flexibility as we work to keep everyone safe while enjoying the outdoor pool this season!

### PROGRAMS

#### SWIM TEAM PARTNERS

##### TNAQ - Masters

Tues & Thur	11:30am-12:45pm
Sat	7:00am-8:15am
Sun	1:00pm-2:30pm

YMCA Members come join the TNAQ Masters Group! Stop by a practice and speak with a TNAQ Masters Coach to learn about special pricing for YMCA Members!

##### TNAQ - Age Group

Mon-Fri	4:00pm-7:30pm
Sat	7:00am-11:00am

##### MARBLE CITY WATER POLO CLUB

<a href="http://www.mcpolo.org">www.mcpolo.org</a>	
Sat	11:00am-1:00pm

# PILOT FAMILY YMCA

A Branch of the YMCA of East Tennessee

Please note: The schedule is subject to change  
All pool availability may be updated periodically.