



# GYM SCHEDULE

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

TENNOVA FAMILY Y

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:00am-10:00am	Open Gym 5:00am-10:00am	Open Gym 5:00am-10:00am	Open Gym 5:00am-10:00am	Open Gym 5:00am-10:00am	Pickleball 7:00am-12:00pm <b>BOTH COURTS 14 and up</b>	Open Gym 12:00pm-6:00pm
Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Open Gym ½ Court Basketball 12:00pm-6:00pm	
*Pickleball 11:00am-3:00pm <b>14 and up</b>	*Pickleball 11:00am-12:30pm <b>Court 1-14 and up Court 2-13 and under</b>	*Pickleball 11:00am-3:00pm <b>14 and up</b>	*Pickleball 11:00am-12:30pm <b>Court 1-14 and up Court 2-13 and under</b>	*Pickleball 11:00am-3:00pm <b>14 and up</b>	*Party Rentals 1:00pm-6:00pm	
Open Gym ½ Court Basketball 3:00pm-10:00pm	HSPE 12:30pm-1:30pm	*Open Gym ½ Court Basketball 3:00pm-10:00pm	HSPE 12:30pm-1:30pm	Open Gym ½ Court Basketball 3:00pm-10:00pm		
	Open Gym ½ Court Basketball 1:30pm-6:00pm		Open Gym ½ Court Basketball 1:30pm-6:00pm	* Party Rentals 6:00pm-8:00pm		
	*Pickleball 6:00pm-9:00pm <b>Court 1-14 and up Court 2-13 and under</b>		*Pickleball 6:00pm-9:00pm <b>Court 1-14 and up Court 2-13 and under</b>			

**\*Please allow 15 minutes before and after Fit 4 Life for set up and break down.**

**\*Pickleball- During split court time (court 1 14and up/court 2 13 and under) courts can be utilized if other court is unoccupied**