FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

CANSLER FAMILY Y
2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open GYM 5:30am-7:50am	Open GYM 5:30am-11:00am	Open GYM 5:30am-7:50am	Open GYM 5:30am-8:50am	Open GYM 5:30am-7:50am	Open GYM 8:00am-5:50pm	Open GYM 12:00pm-4:50pm
Pickleball 8:00am–12:00pm	Ultimate Fit 11:10a-12:00pm	Pickleball 8:00am–12:00pm	Sports & Splash 10:00-11:00pm	Pickleball 8:00am–12:00pm		
Open GYM 12:10pm-5:50pm	Open GYM 12:10am-5:20pm	Open GYM 12:10pm-5:45pm	Ultimate Fit 11:10a-12:00pm	Open GYM 12:10pm-8:50pm		
Youth Fitness 6:00pm-6:50pm	BODYCOMBAT 5:30pm-6:30pm	Ultimate Fit 6:00pm-6:50pm	Open GYM 12:10pm-5:50pm			
Open GYM 7:00pm-8:50pm	Youth Fitness 6:30pm-7:20pm	Open GYM 7:05pm-8:50pm	Youth Fitness 6:00pm-6:50pm			
	Open GYM 7:30pm-8:50pm		Open GYM 7:00pm-8:50pm			