



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH PROGRAMS

CANSLER FAMILY YMCA

Free programs for Y Members; no registration required:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Child Watch (ages 6wks - 10yrs)	8:45-12pm 5-8pm	8:45-12pm 5-8pm	8:45-12pm 5-8pm	8:45-12pm 5-8pm	8:45-12pm	8:45-12:15pm
Youth Fitness (ages 5-12) Gym	Youth Fitness 6:00-6:50pm	Youth Fitness 6:30-7:20pm		Youth Fitness 6-6:50pm		

YMCA Paid Programming; inquire at front desk for registration:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HSPE (ages K-5 th)		10am-12pm		10am-12:00pm		
AM Dance Programs (ages 3-5)				Tumble Bugs 10:00-10:45am		
PM Dance Programs (ages 3-5)		Tumble Bugs (Beginner) 6:15-7:00pm		Tumble Bugs (Advanced) 6:15-7:00pm		
Group Swim Lessons (ages 6mo - 17yrs)	4-6:15pm	4-6:15pm	4-6:15pm	4-6:15pm		8:30-11:20am

Paid Programming by Community Partners:

TTJC Martial Arts (all ages)				5:30-7:30pm		
The Knight School (Chess)		4:45-6:00pm				

To Register for YMCA Programs, visit ymcaetn.org/register

To register for community partner-run programs, visit:

- **TOT Basketball:** teamsoftomorrow.com
- **TTJC Martial Arts:** 865-777-BEST
- **The Knight School Chess:** tksknoxville.jumbula.com

CANSLER FAMILY YMCA
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