



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

GYM SCHEDULE

**CANSLER FAMILY Y
2026**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open GYM 5:30am-7:50am	Open GYM 5:30am-10:00am	Open GYM 5:30am-7:50am	Open GYM 5:30am-9:50am	Open GYM 5:30am-7:50am	Pickleball 8:00am-10:00am	Open GYM 12:00pm-4:50pm
Pickleball 8:00am-12:00pm	HSPE 10:00-11:00pm	Pickleball 8:00am-12:00pm	HSPE 10:00-11:00pm	Pickleball 8:00am-12:00pm	Open GYM 10:00am-5:50pm	
Open GYM 12:10pm-5:50pm	Ultimate Fit 11:10a-12:00pm	Open GYM 12:10pm-5:45pm	Ultimate Fit 11:10a-12:00pm	Open GYM 12:10pm-8:50pm		
Youth Fitness 6:00pm-6:50pm	Open GYM 12:10am-5:15pm	Ultimate Fit 6:00pm-6:50pm	Open GYM 12:10pm-5:50pm			
Open GYM 7:00pm-8:50pm	BODYCOMBAT 5:30pm-6:30pm	Open GYM 7:05pm-8:50pm	Youth Fitness 6:00pm-6:50pm			
	Youth Fitness 6:30pm-7:20pm		Open GYM 7:00pm-8:50pm			
	Open GYM 7:30pm-8:50pm					