

YOUR SWIM. YOUR WAY.

PILOT FAMILY YMCA POOL SCHEDULES AUGUST 2026

UPDATED 7.24.2026

INDOOR POOL

LAP SWIMMING

MONDAY	5:00am-8:30am 9:30am-8:30pm
TUESDAY	5:00am-8:30pm
WEDNESDAY	5:00am-8:30am 9:30am-8:30pm
THURSDAY	5:00am-7:00pm
FRIDAY	5:00am-8:30am 9:30am-6:00pm 7:00pm-8:30pm
SATURDAY	7:00am-5:30pm
SUNDAY	1:00pm-5:30pm

Lap Swim provides designated lanes for continuous swimming. At least one lane is available at all times and may be shared with others using circle swimming. Swimmers may swim solo when space allows or use circle swimming to accommodate multiple swimmers per lane.

OPEN SWIMMING

MONDAY	9:30am-1:00pm 2:00pm-8:30pm
TUESDAY	10:00am-8:30pm
WEDNESDAY	9:30am-1:00pm 2:00pm-8:30pm
THURSDAY	10:00am-7:00pm
FRIDAY	9:30am-1:00pm 2:00pm-6:00pm 7:00pm-8:30pm
SATURDAY	10:00am-5:30pm
SUNDAY	1:00pm-5:30pm

Open Swim is a designated time for all ages to enjoy the pool freely, with space for recreational swimming, water play, and family fun.

PROGRAMS

GROUP FIT – WATER FITNESS	
Mon, Wed, Fri	8:30am-9:30am
AQUA HOUR	
Mon, Wed, Fri	1:00pm-2:00pm
YMCA SWIM LESSONS	
Mon-Thur	3:30pm-6:30pm
YMCA HOMESCHOOL PE	
Mon-Thur	11:00am-12:00pm
SWIM TEAM PARTNERS	
Marble City Water Polo – mcpolo.org	
August 7	6:00pm-7:00pm
August 10 & 12	7:00pm-8:30pm
Thursdays	7:00pm-8:30pm

OUTDOOR POOL

LAP SWIMMING

AUGUST 1st – 9th

MON – FRI	7:00am-8:30pm
SAT	10:00am-5:30pm
SUN	1:00pm-5:30pm

OPEN SWIMMING

MON	11:15am-8:30pm
TUES	10:00am-8:30pm
WED & THUR	10:00am-6:00pm 6:45pm-8:30pm
FRI	10:00am-8:30pm
SAT	10:00am-5:30pm
SUN	1:00pm-5:30pm

AUGUST 10th – 23rd

MON – FRI	7:00am-8:30pm
SAT	7:00am-5:30pm
SUN	1:00pm-5:30pm

MON-FRI	NO OPEN SWIM
SAT	1:00pm-5:30pm
SUN	1:00pm-5:30pm

AUGUST 24th – 31st

MON/WED/FRI	7:00am-6:00pm
TUES/THUR	7:00am-11:30am 1:00pm-6:00pm
SAT	7:00am-5:30pm
SUN	1:00pm-5:30pm

MON-FRI	NO OPEN SWIM
SAT	1:00pm-5:30pm
SUNDAY	1:00pm-5:30pm

PROGRAMS

YMCA OUTDOOR WATER FIT	
Mon	10:30am-11:15am
Tues	9:00am-9:45am
Thurs	6:00pm-6:45pm
Fri	9:00am-9:45am
TENNESSEE AQUATICS PARTNER TNAQ MASTERS	
Tues & Thur	11:30am-12:45pm
Sun	1:00pm-2:30pm
TNAQ HOME SCHOOL – Start 8/25	
Tues & Thur	11:30am-12:30pm
TNAQ TRIDENTS – Start 8/24	
Mon-Fri	4:30pm-7:30pm

Please note: The schedule is subject to change.
All pool availability may be updated periodically.