FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CANSLER YMCA

INDOOR POOL SCHEDULE

November 2026	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	5:30-10am 11am-6:15pm 7:15-8pm	5:30-10am 11am-8pm	5:30-10am 11am-5:00pm 7:15-8:00pm	5:30-10am 11am-6:15pm 7-8pm	5:30-10am 11am-8pm	8am-5pm	12-4pm
Open/Family Swim	11am-6:15pm 7:15-8pm	11am-8pm	11am-8pm	11am-8pm	11am-6pm 7pm-8pm	11am-5pm	12-4pm
Aqua Aerobics	10:05-11am 6:15-7:15pm	10:05-11am	10:05-11am	10:05-11am	10:05-11am		
Hydrorider		9-10am	9-10am	9-10am	6-7pm		
Group swim lessons	4-6:15pm	4-6:15pm	4-6:15pm	4-6:15pm		8:30- 11:55am	
Swim Clinic			11:00- 11:45am 5-6pm 6:15-7:15pm				
Private Swim Lessons	5:30-10am 11am-6pm 7-8pm	5:30-10am 11am-8pm	5:30-10am 11am-8pm	5:30-10am 11am-6pm 7-8pm	5:30-10am 11am-8pm	8am-5pm	12-4pm
Adult Swim Club				6:15pm-7pm			
Pool Parties						12-4:30pm	2-4pm

-Please share lap lanes.
-Water aerobics takes up the whole pool. Lap lanes move over at 10am and move back at 11am.
-Hydrorider takes place in the slide well of the open swim area. You need water shoes for Hydrorider.
-Private swimming lessons can happen at any time EXCEPT during Water Aerobics and Adult Swim Club.
-This schedule is subject to change.
-During group swim lessons, only 1-2 lap lanes will be available.
-There will be no group swim lessons the week of November 23rd-28th
-We will close the pool at 5pm on Wednesday the 25th
-Our facility is closed on the 26th.

C.W. Cansler YMCA
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