FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOWNTOWN YMCA

INDOOR POOL SCHEDULE

2026	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	5:30am-7pm	5:30am-7pm	5:30am-7pm	5:30am-7pm	5:30am6pm	8am-2pm	12pm-5pm
Open/Family Swim	11am-7pm	11am-7pm	11am-7pm	11am-7pm	11am- 6pm	8am-2pm	12pm-5pm
Aqua Aerobics		10am-11am		10am-11am			
Private Swim Lessons	Please see	front desk	for more	information.			
Pool Hours Wednesday, November 25th: 5:30am-5:30pm							
CLOSED: Thursday, November 26th (Thanksgiving)							

This schedule is subject to change.